



## Resource Guide

### General

- CCAR Recovery Coach Academy
  - <https://addictionrecoverytraining.org/recovery-coach-academy/>
- MHA's Resources for Peer Support Training
  - <https://www.mhanational.org/national-certified-peer-specialist-ncps-certification-get-certified>
- Screening Tools from MHA
  - <https://screening.mhanational.org/screening-tools>
- National Suicide Prevention Hotline
  - 1-800-273-8255
- Suicide Prevention Resource Center
  - State-by-State guide
    - <http://www.sprc.org/states>
- Medication-Assisted-Treatment (MAT) Information
  - Video on how to administer Naloxone
    - <http://otv.ocfl.net/otv/drugfree/Naloxone%20Training%20for%20Consumers.mp4>
  - Bystander Training
    - Online training on opioid overdose prevention, recognition, and response
    - GetNaloxoneNow
      - <https://www.getnaloxonenow.org/#gettraining>
- HRSA Data Warehouse
  - Find all the FQHC's in your community: <https://findahealthcenter.hrsa.gov/>

### Albany

- NAMI Capital Region NY
  - 518-588-6949
  - [namicapitalregionny@gmail.com](mailto:namicapitalregionny@gmail.com)
- Mental Health First Aid Courses
  - Mental Health Associates in New York State
    - Joelle Monaco
    - [jmonaco@mhanys.org](mailto:jmonaco@mhanys.org)
- FQHC Contact Information
  - Whitney M. Young Jr. Health Center
    - 518-465-4771
- Where to receive MAT
  - BHG Albany Treatment Center
    - 229-903-0022
- Healthy Transitions Contact
  - Ilana Nossel, New York State Psychiatric Institute
- Mental Health America Chapter
  - MHA In New York State, Inc.

- Kathy Eckert, Regional Representative
- 518-434-0439
- <https://mhanys.org/>
- Suicide Prevention Coordinator
  - The Samaritans of New York
    - 212-673-3041
  - Sigrid Pechenik
    - 716-816-2249
    - [Sigrid.pechenik@omh.ny.gov](mailto:Sigrid.pechenik@omh.ny.gov)

## Atlanta

- NAMI Georgia
  - 770-234-0855
  - [namigeorgia@namigeorgia.org](mailto:namigeorgia@namigeorgia.org)
- Mental Health First Aid Courses
  - Satcher Health Morehouse Medicine
    - Yvonne Kirkland
  - Shannon L. Crosslin
    - [shannoncrosslin@dekalbschoolsga.org](mailto:shannoncrosslin@dekalbschoolsga.org)
- FQHC
  - Mercy Care at Gateway Center
    - 404-880-3719
- Where to receive MAT
  - Ridgeview Institute
    - 844-350-8800
    - <https://ridgeviewinstitute.com/programs/medication-assisted-treatment-program/>
- Youth MOVE Contact
  - Sheena Biggerstaff
    - [sheena.biggerstaff@gpson.org](mailto:sheena.biggerstaff@gpson.org)
    - 404-758-4500 ext. 107
- Mental Health America Chapter
  - MHA of Georgia
  - 770-741-1481
  - <http://www.mhageorgia.org/>
  - Lorie Summers, director of youth programs
    - [lorie@mhageorgia.org](mailto:lorie@mhageorgia.org)
- Youth Drop-in Center
  - Georgia Parent Support Network
  - Transitional Youth Peer Center
    - 404-758-4500
    - <http://gpsn.org/services/transitional-youth-peer-center>
- Suicide Prevention Coordinator/Hotline
  - Shevon Jones
    - 404-463-1797
    - [Shevon.jones@dbhdd.ga.gov](mailto:Shevon.jones@dbhdd.ga.gov)
  - Behavioral Health Link
    - 404-420-3202

## Boston

- NAMI Cambridge/Middlesex
  - 617-984-0527
  - [email@nami-cambridgemiddlesex.org](mailto:email@nami-cambridgemiddlesex.org)
- Mental Health First Aid Courses
  - Wayside Youth and Family Support Network
    - Stephanie Sunderland-Ramsey
    - 857-829-0402
    - [stephanie.sunderland@waysideyouth.org](mailto:stephanie.sunderland@waysideyouth.org)
- FQHC Contact Information
  - Lindemann Mental Health Center
    - 617-626-8500
- Where to receive MAT
  - Boston Comprehensive Treatment Center
    - 617-849-9572
- Healthy Transitions Contact
  - Susan Wing, Massachusetts Department of Health
- SOC Contact
  - Christina Moulin, Boston Public Health Commission
- Youth Drop-in Center
  - “The Spot”
    - 617-516-5100
    - <https://www.mass.gov/info-details/dmh-young-adult-resource-guide-transition-age-youth-services#other-transition-age-youth-services->
- Suicide Prevention Coordinator
  - Kelly Cunningham
    - 617-624-5460
    - [kelly.cunningham@state.ma.us](mailto:kelly.cunningham@state.ma.us)
  - Riverside Trauma Center
    - 781-433-0672

## Columbus

- NAMI Ohio
  - [namiohio@namiohio.org](mailto:namiohio@namiohio.org)
  - 1-800-686-2646
- Mental Health First Aid Training
  - Donna Dickman
    - [ddickman@pvff.org](mailto:ddickman@pvff.org)
- FQHC Contact Information
  - Ohio Association of Community Health Centers
    - 614-884-3101
- Where to receive MAT
  - Project DAWN
    - 614-546-4200
    - [projectdawn@mchs.com](mailto:projectdawn@mchs.com)
- Healthy Transitions Contact
  - Holly Jones; Ohio State Department of Mental Health and Addiction Services

- SOC Contact
  - Not Applicable
- Youth Drop-in Center
  - PEER Center
    - East Center: 614.453.4830
    - West Center: 614.453.4840
    - [thepeercenter.org](http://thepeercenter.org)
- Suicide Prevention Coordinator
  - Tony Coder
    - [Tony.coder@ohiospf.org](mailto:Tony.coder@ohiospf.org)
    - 614-429-1528
  - Mental Health America of Franklin County
    - 614-221-1441

## Denver

- NAMI Denver
  - 303-504-6545
  - [namidenver@gmail.com](mailto:namidenver@gmail.com)
- Mental Health First Aid Training
  - Kelli M. Hansen
    - [support@bccevolution.org](mailto:support@bccevolution.org)
    - 303-908-1264
- FQHC Contact Information
  - Rose Andom Health Center
    - 720-337-4419
- Where to receive MAT
  - Crossroads Treatment Center
  - 800-805-4168
  - <https://www.crossroadstreatmentcenters.com/opiate-treatment-centers/colorado/denver/>
- Youth MOVE Contact
  - Youth Move Colorado
    - 720-258-5121
    - [ty.youth@gmail.com](mailto:ty.youth@gmail.com)
- Healthy Transitions Contact
  - Chelsey Hall, Colorado State Dept. of Human Services
- Mental Health America Chapter
  - Lauren Snyder
    - 720-208-2236
    - <https://www.mentalhealthcolorado.org/people/lauren-snyder/>
- Youth Drop-in Center
  - The Center on Colfax
    - 303-733-7743
    - <https://lgbtqcolorado.org/>
- Suicide Prevention Coordinator
  - Lena Heilmann, PhD, MNM, Youth Suicide Prevention Coordinator
    - 303-692-6366
    - [lana.heilmann@state.co.us](mailto:lana.heilmann@state.co.us)

## Hartford

- NAMI Connecticut
  - 860-882-1236
  - [jwalter@namict.org](mailto:jwalter@namict.org)
- Mental Health First Aid Training
  - Patricia Graham and Paul Rego
    - Hartford Hospital Institute of Living
- FQHC Contact Information
  - Charter Oak Health Center
    - 860-550-7500
- Where to receive MAT
  - Wheeler Family & Wellness Center
    - 888-793-3500
    - <https://www.wheelerclinic.org/services/wheeler-services/wheeler-health-and-wellness-center-hartford>
- SOC Contact
  - Tim Marshall, Connecticut Dept of Children/Families
    - 860-550-6531
- Mental Health America Chapter Contact
  - Luis B. Perez, Executive Director
    - [lperez@mhconn.org](mailto:lperez@mhconn.org)
    - 860-529-1970
- Suicide Prevention Coordinator
  - Andrea Duarte
    - 860-418-6801
    - [Andrea.Duarte@ct.gov](mailto:Andrea.Duarte@ct.gov)
  - Tim Marshall, MSW
    - 860-550-6531
  - United Way of CT and Wheeler Clinic (dial 211 in CT)
    - 800-273-8255

## Los Angeles

- NAMI Asian Pacific Los Angeles
  - Mr. Al Choi
    - [achoi@apctc.org](mailto:achoi@apctc.org)
- Mental Health First Aid Training
  - Lisa Schoyer, Los Angeles County Department of Mental Health
  - Daphne Quick-Abdullah
    - [dquickabdullah@dmh.lacounty.gov](mailto:dquickabdullah@dmh.lacounty.gov)
    - 213-739-5431
- FQHC Contact Information
  - JWCH Institute – Downtown Women’s Center
    - 213-223-2900
- Where to receive MAT
  - Tarzana Treatment Centers
    - 888-777-8565
- Youth MOVE Contact

- Pasadena Youth Move
  - 626-744-6600
  - [tmcgrath@cityofpasadena.net](mailto:tmcgrath@cityofpasadena.net)
- Youth Drop-in Center
  - The Village Family Services
  - 818-755-8786
  - <https://www.lapl.org/stable-living/resource-centers/village-family-services-tay-drop-center>
- Suicide Prevention Coordinator and Hotlines
  - Jeremy Wilson
    - 916-668-5440
    - [Jeremy.wilson@calmhsa.org](mailto:Jeremy.wilson@calmhsa.org)
  - Friends for Survival
    - 916-392-0664
  - California Accredited Crisis Centers
    - 800-273-8255

### Louisville

- NAMI Louisville
  - [namilou@namilouisville.org](mailto:namilou@namilouisville.org)
  - 502-588-2008
- Mental Health First Aid Training
  - Jackie McComb
    - [jackie.mccomb@centerstone.org](mailto:jackie.mccomb@centerstone.org)
  - Nancy Carrington
    - [ncarrington@famchildplace.org](mailto:ncarrington@famchildplace.org)
    - 502-558-1858
- FQHC Contact Information
  - The Russel Neighborhood Health Center
    - 502-584-2992
- Where to receive MAT
  - Crossroads Treatment Center
    - 502-749-6764
    - <https://www.crossroadstreatmentcenters.com/opiate-treatment-centers/kentucky/louisville/>
- Healthy Transitions Contact
  - Janice Johnston, KY State Cabinet/Health/Family Services
- SOC Contact
  - Beth Jordan, KY State Cabinet/Health/Family Services
- Youth Drop-in Center
  - TAYLRD
    - 502-875-1320
    - <http://www.taylrd.org/>
- Suicide Prevention Coordinator
  - Beck Whipple
    - [Beck.whipple@ky.gov](mailto:Beck.whipple@ky.gov)
  - Kentucky Mental Health Coalition
    - 877-894-0222

## New Jersey

- NAMI New Jersey
  - [info@naminj.org](mailto:info@naminj.org)
  - 732-940-0991
- Mental Health First Aid Training
  - Mental Health Association in New Jersey
    - <https://www.mhanj.org/mental-health-first-aid-training/>
  - FQHC Contact Information
    - OHI Manchester
      - 732-363-6655
    - Westgate
      - 732-364-2144
  - Where to Receive MAT
    - Seabrook
      - 800-761-7575
      - <https://www.seabrook.org/medication-assisted-treatment/>
  - Youth MOVE Contact
    - Hudson Youth Partnership
      - 201-915-5140
      - [jmoreno@familypartnershc.org](mailto:jmoreno@familypartnershc.org)
  - SOC Contact
    - Stacy Reh, NJ State Dept. of Children and Families
  - Mental Health America Chapter
    - MHA New Jersey
      - 973-571-4100
  - Suicide Prevention Coordinator
    - Maria Kirchner
      - 609-483-4143
      - [maria.kirchner@doh.nj.gov](mailto:maria.kirchner@doh.nj.gov)
    - New Jersey Hopeline
      - 855-654-6735
    - Traumatic Loss Coalitions for Youth
      - 732-235-2810

## New Orleans

- NAMI New Orleans
  - 504-896-2345
  - [namino@namineworleans.org](mailto:namino@namineworleans.org)
  - [namineworleans.org](http://namineworleans.org)
- Mental Health First Aid Courses
  - NAMI offers Mental Health First Aid Trainings
- FQHC
  - Access Health Louisiana Primary Care at the Pythian
    - 504-226-2976
- MAT Information
  - Christopher Guillory: MAT-PDOA Program Manager
    - [Christopher.Guillory@la.gov](mailto:Christopher.Guillory@la.gov)

- Healthy Transitions
  - Tunica-Biloxi Indians of Louisiana Healthy Transitions
    - Marksville, LA
    - Contact: Evelyn Cass
- Mental Health America Chapter
  - MHA Greater Baton Rouge
    - 225-929-7674
    - <http://mhagbr.com>
- Youth Drop in Center
  - Tulane Drop in Center
    - Provides medical and social services for runaway and homeless youth (14-23 years old)
    - 504-827-1071
    - [dropin@tulane.edu](mailto:dropin@tulane.edu)
- Suicide Prevention Coordinator
  - Leslie Brougham Freeman
  - 225-342-2540
  - [Leslie.BroughamFreeman@LA.GOV](mailto:Leslie.BroughamFreeman@LA.GOV)

## Orlando

- NAMI Greater Orlando
  - 407-253-1900
  - [information@namigo.org](mailto:information@namigo.org)
  - <https://namigo.org/>
- Mental Health First Aid Courses
  - TRAIN Florida
    - Free online classes and resources
  - MHFA Course @ Aspire Health Partners
    - [mariabuckley@aspirehp.org](mailto:mariabuckley@aspirehp.org)
    - [Phil.toal@aspirehp.org](mailto:Phil.toal@aspirehp.org)
- FQHC
  - Community Health Center – Pine Hills
    - 407-905-8827
- MAT Information
  - Florida Department of Health
    - 850-245-4440
    - Florida Health provides agencies with free Naloxone if they employ licensed emergency responders
  - FDOH Opinion Overdoes Crisis and Naloxone Administration Online Training
    - Online course through the Florida Department of Health
    - <https://www.train.org/florida/course/1078977/>
- Healthy Transitions
  - Florida Healthy Transitions
  - [TFoster@cfbhn.org](mailto:TFoster@cfbhn.org)
  - [flhealthytransitions.org](http://flhealthytransitions.org)
- Youth MOVE Contact
  - YES Youth Move
    - 407-836-6564
    - [Kayla.crawford@ofcl.net](mailto:Kayla.crawford@ofcl.net)



- SOC Contact
  - 850-487-2920
  - [HQW.SAMH.SOCFlorida@myflfamilies.com](mailto:HQW.SAMH.SOCFlorida@myflfamilies.com)
- Youth Drop-in Center
  - Zebra Coalition Drop-in Center
    - LGBTQ+ Youth ages 13-24
    - Offers mental health and support services
    - 407-228-1446
  - Bent Not Broken
    - Florida Healthy Transitions
    - Drop in Centers in Central FL
- Suicide Prevention Coordinator
  - Sofia Castro
    - 850-717-4429
    - [Sindie.Castro@MyFLfamilies.com](mailto:Sindie.Castro@MyFLfamilies.com)
  - Lindsay Brown, Regional Suicide Prevention Specialist
    - [lindsay@fccmh.org](mailto:lindsay@fccmh.org)
- Resource Page for Youth in Florida (From Systems of Care Florida)
  - <http://www.socflorida.com/youth.shtml>

#### Philadelphia

- NAMI Philadelphia
  - 215-687-4381
- Mental Health First Aid
  - Healthy Minds Philly
    - <https://healthymindsphilly.org/en/mhfa/>
- FQHC Contact Information
  - Hub of Hope
    - 215-320-6187
- Where to Receive MAT
  - List of in-network adult community MAT programs
    - <https://dbhids.org/wp-content/uploads/2019/09/TAD-9.20.2019.pdf>
- Youth MOVE Contact
  - Youth MOVE Philadelphia
    - [Shaiheed.days@phila.gov](mailto:Shaiheed.days@phila.gov)
- SOC Contact
  - Valarie Oulds, Systems of Care Administration
    - [valarie.oulds@pila.gov](mailto:valarie.oulds@pila.gov)
- Mental Health America Chapter
  - Mental Health Partnerships
    - 800-688-4226
    - <https://www.mentalhealthpartnerships.org>
- Youth Drop in Center
  - Mazzoni Center Youth Drop in Clinic
    - LGBTQ+ Youth
    - 215-563-0658
  - Y-HEP Youth Health Center
    - 215-344-1632

- The Attic Youth Center
  - LGBTQ+ Youth
  - 215-545-4331
- Suicide Prevention Coordinator
  - Prevent Suicide PA
    - [info@preventsuicidepa.org](mailto:info@preventsuicidepa.org)
    - 717-885-9161
  - AFSP Greater Philadelphia
    - Sarah Hart
      - [Sarah.Hart@afsp.org](mailto:Sarah.Hart@afsp.org)
  - Perri Rosen
    - [c-prosen@pa.gov](mailto:c-prosen@pa.gov)
  - Lori Mentzer
    - [lmentzer@pa.gov](mailto:lmentzer@pa.gov)

### Pittsburgh

- NAMI Keystone Pennsylvania
  - 412-366-3788
  - <https://www.namikeystonepa.org/>
- Mental Health First Aid
  - Greenway Professional Development Center
    - [Kflynnsomerville1@pghschools.org](mailto:Kflynnsomerville1@pghschools.org)
- FQHC Contact Information
  - Beth Haven/Wellspring
    - 412-391-1348
- MAT Information
  - Steven Sietchick, MAT Statewide Coordinator
  - Information from PA Dept. of Corrections
    - <https://www.cor.pa.gov/About%20Us/Initiatives/Pages/Medication-Assisted-Treatment.aspx>
- Youth MOVE Contact
  - SITY (Systems Improvement Throughout Youth)
    - 412-417-1414
    - [leonardo.johnson@allegHENYcounty.us](mailto:leonardo.johnson@allegHENYcounty.us)
- SOC Contact
  - Jamal Ford, Youth Resource Coordinator, Pennsylvania Care Partnership (Harrisburg)
    - [Jford10@upmc.edu](mailto:Jford10@upmc.edu)
- Youth Drop-in Center
  - 412 Youth Zone Auberle
    - Drop-in center for young people ages 16-23 who are transitioning out of the foster care system
    - 412-673-5800

### SE Arkansas

- NAMI Arkansas
  - [namiarkansas.org](http://namiarkansas.org)
  - 501-661-1548
- MAT Training Information
  - Anner Douglas, Arkansas Medical Association

- [Adouglas2@uams.edu](mailto:Adouglas2@uams.edu)
  - 501-526-8459
- Youth MOVE Arkansas
  - [srharvey10@gmail.com](mailto:srharvey10@gmail.com)
- Mental Health America Chapter
  - MHA of Northwest Arkansas (Fayetteville)
    - 479-273-3016
- Suicide Prevention Coordinator
  - Mandy Thomas and Jacob Smith
    - 501-683-0707
    - [Amanda.Thomas@Arkansas.gov](mailto:Amanda.Thomas@Arkansas.gov)
    - [Jacob.R.Smith@arkansas.gov](mailto:Jacob.R.Smith@arkansas.gov)
  - Wendy Thompson, Arkansas Area Director, AFSP
    - [wthompson@afsp.org](mailto:wthompson@afsp.org)
    - 501-297-8016

### St. Louis

- NAMI St. Louis
  - 314-962-4670
  - Christine Patterson (Executive Director)
    - [cpatterson@namistl.org](mailto:cpatterson@namistl.org)
- Mental Health First Aid Training
  - MFHA Missouri
    - [info@mhfamissouri.org](mailto:info@mhfamissouri.org)
    - 314-516-8431
- FQHC Contact Information
  - St Patrick Center
    - 314-802-0711
- MAT Information
  - NoMoDeaths
    - Provides training and webinars in partnership with MO Institute of Mental Health
    - <https://www.nomodeaths.org/>
    - List of places to get Narcan: <https://www.nomodeaths.org/where-to-get-naloxone>
- Healthy Transitions Contact
  - MO Transition-Aged Youth Local Engagement and Recovery, Missouri State Dept. of Mental Health
- SOC Contact
  - Systems of Care - St. Louis Region
    - 314-534-6015
    - [info@systemsofcarestl.org](mailto:info@systemsofcarestl.org)
- Mental Health America Chapter
  - MHA of Eastern Missouri
    - 314-773-1399
    - <https://www.mha-em.org/>
- Youth Drop-in Center
  - List of drop-in centers: <https://www.startherestl.org/drop-in-centers.html>
  - Center for Youth on the Rise
    - 314-355-2348
- Suicide Prevention Coordinator and Hotlines

- Stacy Williams
  - [Stacey.Williams@dmh.mo.gov](mailto:Stacey.Williams@dmh.mo.gov)
- CHADS Coalition Family Support Warm Line
  - 314-952-8274
- AFSP Eastern Missouri
  - Kellen Wolters, chapter Chair
  - [kellen.wolters@gmail.com](mailto:kellen.wolters@gmail.com)
- KUTO (Kids Under Twenty-One) Helpline
  - 314-644-5886
  - 1-888-644-5886

## Tacoma

- NAMI Pierce County
  - [info@namipierce.org](mailto:info@namipierce.org)
  - 253-677-6629
- Mental Health First Aid Training
  - [michael@powersource.club](mailto:michael@powersource.club)
  - 206-459-3270
- FQHC Contact Information
  - Hilltop Regional Health Center
    - 253-597-3813
- Where to receive MAT
  - Bayview Recovery
    - 855-345-0744
- Youth Drop-in Centers
  - Oasis Youth Center
    - Queer youth
    - 253-671-2838
- Suicide Prevention Coordinator
  - [SuicidePreventionPlan@doh.wa.gov](mailto:SuicidePreventionPlan@doh.wa.gov)
  - Neetha Mony, State Suicide Prevention Manager
    - 360-236-2803